

JSS MAHAVIDYAPEETHA
JSS SCIENCE AND TECHNOLOGY UNIVERSITY
SRI JAYACHAMARAJENDRA COLLEGE OF ENGINEERING



JSS
SCIENCE AND
TECHNOLOGY
UNIVERSITY
MYSURU

- Constituent College of JSS Science and Technology University
- Approved by A.I.C.T.E
- Governed by the Grant-in-Aid Rules of Government of Karnataka
- Identified as lead institution for World Bank Assistance under TEQIP Scheme



Dear All,

FIT India Mission has conceptualized **FIT INDIA FREEDOM RUN 2.0** to commemorate the **75th Independence Day - "Azadi Ka Amrit Mahotsav"**. The nationwide campaign will be on the concept of "Physical/Virtual Run" in a continuum from 13th August to 2nd October 2021 to encourage fitness and help us all to get freedom from obesity, laziness, stress, anxiety, diseases etc. The concept behind this run is that "It can be run anywhere, anytime!".

In this regard, the JSS SCIENCE AND TECHNOLOGY UNIVERSITY Department of Physical Education will be organizing **FIT INDIA FREEDOM RUN 2.0** for all the Staff and Students of JSSSTU on **28th September 2021 Tuesday from 5:00 pm at JSS TI Campus**.

Participants will receive an e-certificate from the Ministry of Youth and Sports Affairs, Govt. of India. Participants can come in sportswear on Tuesday to participate in the event.

For further information about the event contact: - **81059 49014**.

Department of Physical Education

Best Regards,

Dr. REVANNA C

Physical Education Director.

Dept. Physical Education